



Cornerstone
UNIVERSITY®
BUILD A LIFE THAT MATTERS

Grand Rapids, Michigan

SOCIAL SCIENCE DIVISION



Brenda King, Ph.D.
Division Chair

The Division of Social Science advances the mission of Cornerstone University by equipping students to understand interpersonal relationships and social structures and preparing them to act redemptively within those relationships and structures. Students in the division develop skills in critical thinking, research methods, and communication which prepare them for advanced study and careers in psychology, counseling, family studies, social science, community health, and social work. As such, they are better prepared to influence effectively the cultures of the world for Christ.

The community health major teaches students the knowledge and skills needed to empower communities and groups to improve their health.

The psychology major teaches students to apply scientific methods to human behavior and society, and to understand them from a Christian worldview foundation.

The social work major teaches students the knowledge, values, and skills necessary to work competently as entry level practitioners. Students engage in course work that helps them integrate their faith with social work practice. Their educational experience culminates in an intensive 440-hour field placement in a social service organization during their senior year.

DEGREES

Bachelor of Arts (B.A.)
Bachelor of Social Work (B.S.W.)

MAJORS

Community Health
Psychology: Child and Adolescent Services
Psychology: Counseling
Psychology: Marriage and Family Studies
Psychology: Psychological Science & Practice
Social Work

MINORS

Community Health
Family Studies
Psychology
Social Work
Sociology

FACULTY

King, Brenda T., Professor of Sociology (Chair); B.A., Wilson College; M.R.E., Grand Rapids Baptist Seminary; M.A., Western Michigan University; Ph.D., Western Michigan University

Carew, Nola, Associate Professor of Social Work and Coordinator of Field Placement; B.S.W., Grand Valley State University; M.S.W., Grand Valley State University; Ph.D., Michigan State University

da Silva, Sérgio P. Associate Professor of Psychology; B.A., Faculdades Metroplitanas Unidas; B.A., Biblical Seminary of São Paulo; M.A., University of São Paulo; Ph.D., Central Michigan University

McDonald, Nicole D., Professor of Psychology; B.G.S., University of Michigan; M.A., Michigan State University; Ed.S., Michigan State University; Ph.D., Michigan State University

Sanders, Scott G., Associate Professor & Director of Social Work Program; B.S., Eastern Michigan University; M.S.W., Grand Valley State University; Ph.D., University of Kentucky

CRITERIA FOR GRADUATION AS A DIVISION MAJOR

See the Academic Information section under Graduation Requirements. Students with a major in the Social Science Division must attain the 30th percentile on Senior Assessment exam to graduate. **Students must attend a mandatory reporting workshop to graduate.**

Degree information for the Bachelor of Arts degree along with major and minor listings by division can be found in the catalog section entitled Degree Information.

BACHELOR OF ARTS MAJORS & MINORS

COMMUNITY HEALTH MAJOR *(does not require a minor).*

The community health major prepares students to empower communities to develop and implement programs that can improve their health.

Required Courses		Credit Hours
BIO-161	Human Biology	4
CHL-111	Introduction to Community Health	3
CHL-121	Global Health	3
CHL/SOC-252	Social Determinants of Health	3
CHL-263	Epidemiology	3
CHL/SOC-362	Health Care Systems and Health Policy	3
CHL-380	Internship	3
CHL-400	Senior Capstone.	3
COM-214	Health Communication.	3
PSY-111	General Psychology	3
PSY-235	Lifespan Development Psychology	3
PSY-352	Health Psychology.	3
PSY-355	Integrated Statistics/Research I	3
PSY-356	Integrated Statistics/Research II	3
SOC-111	Introduction to Sociology	3
SOC-417	Human Diversity.	3
<i>Choose two of the following:</i>		6
FAM/SOC/SWK/PSY-480	Domestic Violence	
FAM-451	Marriage and Family Counseling	
PSY-353	Abnormal Psychology	
SOC-344	Substance Abuse	
SOC-432	Sociology of the Family	
SOC-441	Gerontology	
<i>Choose two additional electives in consultation with Academic Advisor (based on student's interest):</i>		6

Note: The following are for illustration purposes only; electives should be chosen with the approval of the academic advisor.

HEALTH PROMOTION/HEALTH EDUCATION

COM-321	Small Group Communication
COM-432	Health Communication Campaigns
PSY-322	Theories of Counseling
PSY-343	Psychology of Learning
PSY-351	Social Psychology

GLOBAL HEALTH

AuSable Course in Costa Rica (May Term)	
ECN-336	Economic Development
ECO-241	Environmental Science
KIN-347	Nutrition

**CH PROGRAM ADMINISTRATOR
(COMMUNITY ORGANIZATIONS)**

MGT-221	Introduction to Nonprofit Administration
MGT-238	Principles of Leadership
MGT-330	Non-Profit Human Resource Management
SWK-311	Social Work Policy
SWK-411	Ethical Decision Making

Total..... 61

CRITERIA FOR GRADUATION: *Students must attain the 30th percentile on a standardized test in the field.*

Students must attend a mandatory reporting workshop to graduate.

COMMUNITY HEALTH MINOR

Required Courses	Credit Hours
CHL-111 Introduction to Community Health	3
CHL-121 Global Health	3
CHL/SOC-252 Social Determinants of Health	3
CHL-263 Epidemiology	3
CHL/SOC-362 Health Care Systems and Health Policy	3
<i>Choose two of the following:.....</i>	<i>6</i>
BIO-347 Nutrition	
PSY-352 Health Psychology	
PSY-351 Social Psychology	
SOC-344 Substance Abuse	
SOC-480 Domestic Violence	
Total.....	21

FAMILY STUDIES MINOR

Students minoring in Family Studies must take PSY-111 General Psychology to meet the Social Science requirement in the core.

Required Courses	Credit Hours
FAM-211 Introduction to Relationships	3
FAM-451 Marriage and Family Counseling	3
SOC-111 Introduction to Sociology	3
SOC-432 Sociology of the Family	3
<i>One of the following:.....</i>	<i>3</i>
FAM-346 Child Welfare	
SWK-441 Gerontology	
<i>One of the following:.....</i>	<i>3</i>
PSY-237 Child Psychology	
PSY-238 Adolescent Psychology	
PSY-239 Adult Psychology	
<i>One of the following:.....</i>	<i>3</i>
PSY-322 Theories of Personality	
PSY-353 Abnormal Psychology	
Total.....	21

PSYCHOLOGY PROGRAM MISSION STATEMENT

To prepare skilled Christian professionals to apply unchanging Biblical principles through supporting and encouraging the health and development of children, adults and families in a variety of workplace and ministry environments.

PSYCHOLOGY MAJOR CHILD AND ADOLESCENT SERVICES CONCENTRATION *(does not require a minor)*

Required Courses		Credit Hours
BIO-161	Human Biology	4
PSY-111	General Psychology	3
PSY-222	History and Systems of Psychology	3
PSY-237	Child Psychology	3
PSY-238	Adolescent Psychology	3
PSY-239	Adult Psychology	3
PSY-355	Integrated Statistics/Research I	3
PSY-356	Integrated Statistics/Research II	3
PSY-363	Positive Psychology: Hope, Resilience, and Flourishing	3
PSY-370	Child and Adolescent Practicum /Seminar	3
PSY-380	Internship	3
PSY-400	Capstone Seminar: Psychology	3
PSY-441	Physiological Psychology	3
PSY-443	Creative Therapies I: Play and Story	3
PSY-444	Creative Therapies II: Art and Music	3
SOC-111	Introduction to Sociology	3
SOC-432	Sociology of the Family	3
<i>Choose one of the following:</i>		3
FAM-451	Marriage and Family Counseling	
PSY-322	Theories of Personality	
PSY-343	Psychology of Learning	
PSY-351	Social Psychology	
PSY-352	Health Psychology	
PSY-362	Sport and Exercise Psychology	
PSY-421	Theories of Counseling	
PSY-448	Cross-Cultural Psychology	
SWK-444	Substance Abuse	
<i>Choose two of the following:</i>		5-6
EDU-321	Children's Literature	
EDU-323	Adolescent Literature	
KIN-347	Introduction to Nutrition	
SCI-242	Medical Terminology	
SCI-423	Neuroscience	
SWK-346	Child Welfare	
Total		60-61

CRITERIA FOR GRADUATION: *Students must attain the 30th percentile on Senior Assessment exam to graduate. Students must attend a mandatory reporting workshop to graduate. Students must compile a Senior Capstone portfolio and earn at least an 81% grade on the portfolio.*

PSYCHOLOGY MAJOR COUNSELING CONCENTRATION *(does not require a minor)*

Required Courses		Credit Hours
FAM-211	Relationships	3
FAM-451	Marriage and Family Counseling	3
PSY-111	General Psychology	3
PSY-222	History and Systems of Psychology	3
PSY-322	Theories of Personality	3
PSY-353	Abnormal Psychology	3
PSY-355	Integrated Statistics/Research I	3
PSY-356	Integrated Statistics/Research II	3
PSY-380	Internship	3
PSY-400	Capstone Seminar: Psychology	3
PSY-421	Theories of Counseling	3
PSY-441	Physiological Psychology	3
<i>Choose two of the following:</i>		6
PSY-237	Child Psychology	
PSY-238	Adolescent Psychology	
PSY-239	Adult Psychology	

Choose two of the following:	6
PSY-343 Psychology of Learning	
PSY-351 Social Psychology	
PSY-362 Sport and Exercise Psychology	
PSY-443 Creative Therapies I: Play and Story	
PSY-444 Creative Therapies II: Art and Music	
PSY-448 Cross Cultural Psychology	

Total 48

CRITERIA FOR GRADUATION: *Students must attain the 30th percentile on Senior Assessment exam to graduate. Students must attend a mandatory reporting workshop to graduate.*

PSYCHOLOGY MAJOR MARRIAGE AND FAMILY STUDIES CONCENTRATION (does not require a minor)

Required Courses	Credit Hours
FAM-211 Relationships	3
FAM-380 Internship	3
FAM-451 Marriage and Family Counseling	3
PSY-111 General Psychology	3
PSY-222 History and Systems of Psychology	3
PSY-353 Abnormal Psychology	3
PSY-355 Integrated Statistics/Research I	3
PSY-356 Integrated Statistics/Research II	3
PSY-400 Capstone Seminar: Psychology	3
PSY-441 Physiological Psychology	3
SOC-111 Introduction to Sociology	3
SOC-432 Sociology of the Family	3

Choose two of the following:

- PSY-237 Child Psychology
- PSY-238 Adolescent Psychology
- PSY-239 Adult Psychology

Choose two of the following:

- PSY-322 Theories of Personality
- PSY-343 Psychology of Learning
- PSY-346 Child Welfare
- PSY-351 Social Psychology
- PSY-421 Theories of Counseling
- PSY-443 Creative Therapies I: Play and Story
- PSY-444 Creative Therapies II: Art and Music
- PSY-448 Cross Cultural Psychology

Total 48

CRITERIA FOR GRADUATION: *Students must attain the 30th percentile on Senior Assessment exam to graduate. Students must attend a mandatory reporting workshop to graduate.*

PSYCHOLOGY MAJOR PSYCHOLOGICAL SCIENCE & PRACTICE CONCENTRATION (does not require a minor)

Required Courses	Credit Hours
PSY-111 General Psychology	3
PSY-222 History and Systems of Psychology	3
PSY-322 Theories of Personality	3
PSY-351 Social Psychology	3
PSY-353 Abnormal Psychology	3
PSY-355 Integrated Statistics/Research I	3
PSY-356 Integrated Statistics/Research II	3
PSY-380 Internship	3
PSY-400 Capstone Seminar: Psychology	3
PSY-421 Theories of Counseling	3
PSY-441 Physiological Psychology	3
Choose two of the following:	6
PSY-237 Child Psychology	
PSY-238 Adolescent Psychology	
PSY-239 Adult Psychology	
*Choose three of the following:	9
MGT-332 Human Resources Management	
MGT-335 Organizational Behavior	
MKT-357 Consumer Behavior	
PSY-343 Psychology of Learning	
PSY-352 Health Psychology	
PSY-362 Sport and Exercise Psychology	
PSY-363 Positive Psychology: Hope, Resilience, and Flourishing	
PSY-448 Cross Cultural Psychology	
Total	48

*Students can take courses in other disciplines provided they have received prior approval from their academic advisor

CRITERIA FOR GRADUATION: Students must attain the 30th percentile on Senior Assessment exam to graduate. **Students must attend a mandatory reporting workshop to graduate.**

PSYCHOLOGY MINOR

Required Courses	Credit Hours
PSY-111 General Psychology	3
PSY-441 Physiological Psychology	3
One of the following:	3
PSY-237 Child Psychology	
PSY-238 Adolescent Psychology	
PSY-239 Adult Psychology	
One of the following:	3
PSY-322 Theories of Personality	
PSY-353 Abnormal Psychology	
Upper Level Electives in Psychology	6
Total	18

PSYCHOLOGY MINOR FOR SECONDARY TEACHERS

Required Courses	Credit Hours
PSY-111 General Psychology	3
PSY-343 Psychology of Learning (Prerequisite: PSY-111)	3
PSY-353 Abnormal Psychology (Prerequisite: PSY-111)	3
PSY-355 Integrated Statistics/Research I	3
PSY-356 Integrated Statistics/Research II	3
One of the following:	3
PSY-322 Theories of Personality (Prerequisite: PSY-111)	
PSY-351 Social Psychology (Prerequisite: PSY-111 or SOC-111)	
Electives in Psychology	3
Total	21

BACHELOR OF SOCIAL WORK MAJOR & MINOR

SOCIAL WORK MAJOR *(does not require a minor)*

The Social Work Program at Cornerstone University is accredited with the Council on Social Work Education.

PROGRAM MISSION

We exist to empower students, as followers of Jesus, to become professional entry-level social workers able to competently and ethically work with diverse populations in local and global settings.

PROGRAM GOALS

Students graduating from Cornerstone's Social Work Program will:

1. **Demonstrate** mastery of core competencies necessary for competent entry-level generalist social work practice. These competencies include:
 - ethical and professional behavior
 - understanding and engaging with diversity and difference in practice
 - advancing human rights and social justice
 - engaging in practice informed research
 - engaging in policy practice
 - engaging with individuals, families, groups, organizations and communities
 - assessing individuals, families, groups, organizations and communities
 - intervening with individuals, families, groups, organizations and communities
 - evaluating practice with individuals, families, groups, organizations and communities
2. **Integrate** their **Christian worldview** confidently with social work practice in a **global** context.

ADMISSION TO THE PROGRAM

Students who choose to major in social work must make formal application to the social work program. Applications should be submitted to the social work program director anytime after taking SWK-111, Introduction to Social Work. Students must be admitted to the program before registering for the spring semester of their junior year. Students must meet the following criteria for acceptance into the program:

- Students must have a cumulative GPA of 2.0 or above.
- Students must earn and maintain a 2.5 average or greater in social work and cognate courses taken. Social Work majors receiving a C- or less in any Social Work course will be required to take that course over in order to graduate.
- Students must complete a written application which includes a statement describing the student's interests, goals, strengths, areas of improvement and commitment to the profession.
- Three reference forms must accompany the application. These will include one from a non-relative, a faculty member outside the social work department and at least one from an employment or volunteer experience related to the field.
- Once the application and references are received, the student must schedule and complete an entrance interview with the social work faculty.

Applicants will be notified of their acceptance within a week of completion of the application process. Applicants who are not accepted to the program will be advised as to an alternate field of study. Students may reapply to the program upon written documentation that previous deficiencies were corrected.

A grievance or appeal to the chair of the Social Science Division should be made in writing. Students will receive a response to their appeal or grievance within two weeks.

The Social Work Program reserves the right to request a student to withdraw from the Social Work Program if academic performance, ethical or professional behavior or emotional or physical health indicates that the student may not successfully complete the program or jeopardize the well-being of clients served.

General Education Core: Requirements for the Bachelor of Arts degree are listed in the Degree Information section (see page 52).

GENERAL EDUCATION CORE EXCEPTIONS

Required Courses	Credit Hours
PSY-111 General Psychology**	3
<i>One of the following*:</i>	4
BIO-151 General Biology	
BIO-161 Human Biology (<i>preferred</i>)	
BIO-241 Anatomy and Physiology I	
BIO-242 Anatomy and Physiology II	
Total General Education Core	44-55

*Fulfills lab science

**Fulfills social science

Continued on Next Page

REQUIRED SOCIAL WORK COURSES (No Minor Required)

Required Courses	Credit Hours
ECN-231 Macroeconomics	3
PSY-355 Integrated Statistics/Research I	3
PSY-356 Integrated Statistics/Research II	3
SOC-111 Introduction to Sociology	3
SOC-243 Social Problems	3
SSC-211 American Government	3
Upper Level Elective in SWK, PSY, FAM or SOC	3
SWK-111 Introduction to Social Work	3
SWK-221 Human Behavior in the Social Environment I	3
SWK-222 Human Behavior in the Social Environment II	3
SWK-311 Social Welfare Policy	3
SWK-331 Social Work Practice I: Individuals and Families	3
SWK-332 Social Work Practice II: Groups	3
SWK-333 Social Work Practice III: Communities and Organizations	3
SWK-411 Ethical Decision Making in Social Work	3
SWK-417 Human Diversity	3
SWK-450 Field Practicum I	5
SWK-451 Field Practicum Seminar I	1
SWK-460 Field Practicum II	5
SWK-461 Field Practicum Seminar II	1
SWK-462 Capstone Seminar: Social Work	3
Total	63

CRITERIA FOR GRADUATION: *Students must:*

- *Attain the 30th percentile on Senior Assessment exam.*
- *Attend a mandatory reporting workshop.*
- *Complete a social work portfolio that demonstrates proficiency in all required social work competencies. Students must include graded rubrics from signature assignments and other evidence as support of their assessment of proficiency in each competency.*
- *Schedule and complete an exit interview with social work faculty during the last semester of their senior year.*

SOCIAL WORK MINOR

Required Courses	Credit Hours
SOC-243 Social Problems	3
SWK-111 Introduction to Social Work	3
SWK-221 Human Behavior in the Social Environment I	3
SWK-222 Human Behavior in the Social Environment II	3
SWK-311 Social Welfare Policy	3
SWK-417 Human Diversity	3
Total	18

Child Welfare Certificate

The Social Work Program is approved by the State of Michigan to offer a Child Welfare Certificate. Those interested in working with children and families may be interested in pursuing this. To be eligible students must complete the requirements for the social work major and complete the following courses:

SWK-346 Child Welfare	3
SWK, PSY, or FAM elective approved by SWK faculty	3

Additionally, students must complete 440 hours of field work (SWK-450 and 460) in an approved state child welfare agency. Note: placements in an approved child welfare agency may be limited and/or placement is ultimately at the discretion of the Field Coordinator. Social Work majors interested in obtaining the Child Welfare Certificate should consult with their respective social work advisor.

Additionally, students must

1. Be formally admitted into the Social Work Program
2. Have and maintain a minimum of a 3.00 GPA in all professional coursework (This includes all social work classes and any electives relative to the Child Welfare Certificate)
3. Successfully complete with a minimum final grade of B, SWK 346 - Child Welfare
4. Successfully complete one of the following elective courses with a minimum final grade of B:
 - FAM 451 Marriage and Family Counseling
 - PSY 237 Child Psychology
 - PSY 238 Adolescent Psychology
 - PSY 353 Abnormal Psychology
 - PSY 443 Creative Therapies I: Play and Story
 - PSY 444 Creative Therapies II: Art and Music
 - SOC 432 The Family
 - SWK 344 Substance Abuse (SOC-344)
 - SWK 480 Advanced Topic - Domestic Violence

SOCIOLOGY MINOR

Required Courses	Credit Hours
SOC-111 Introduction to Sociology	3
SOC-243 Social Problems	3
SOC-353 Social Psychology (Prerequisites: PSY-111 or SOC-111)	3
SOC-432 Sociology of the Family	3
Electives in Sociology	6
Total	18

COURSE DESCRIPTIONS

DEPARTMENT AND LEVEL/COURSE NAME

CREDITS/FREQUENCY
(See page 59 for codes)

COMMUNITY HEALTH

CHL-111 Introduction to Community Health 3/2

A foundational course that introduces students to the history, philosophy, and core concepts, tools, and practices of community health.

CHL-121 Global Health 3/2

Examines the relationship between health and economic status as well as social determinants of health in low and middle-income countries (e.g., gender, education, environmental conditions), focusing on nutrition, maternal health, and child health.

CHL-252 Social Determinants of Health (SOC-252) 3/2

An examination of factors other than individual behaviors that affect health and illness. Includes a discussion of individual resources (e.g., education, occupation, and income), neighborhood resources (e.g., transportation, public safety, types of food available, housing), and the impact of broader societal factors, such as environment, racism, and the economic system on health and illness. *Prerequisite: CHL-111 and CHL-121*

CHL-263 Epidemiology 3/2

Conceptual approach to epidemiology. Introduces students to history, philosophy, and ethics of epidemiology. Emphasizes the application of epidemiology (description, association, and causality) to community health policy and practice (e.g., monitoring and evaluating community health programs). *Prerequisite: MAT-110*

CHL-362 Health Care Systems and Health Policy (SOC-362) 3/2

An examination of global and domestic health care systems and policies. Overview of the Affordable Care Act and Millennium Development Goals (for global health policy). *Prerequisite: CHL-111 and CHL-121*

CHL-380 Internship 3-4/1

Prerequisite: SOC-417, 12 credit hours in CHL

CHL-400 Capstone Seminar: Community Health 3/2

(Practicum experience during which students will work on health promotion projects of interest to CU student population). This will require application of Community Health knowledge/skills to promote healthy choices (Examples include: HIV/AIDS, sexuality, intimate partner violence, eating disorders, and substance use/abuse). Ethical considerations of health promotion/research will be included in the course. *Prerequisite: Senior Status*

FAMILY STUDIES

FAM-211 Introduction to Relationships 3/2

This course studies the formation, maintenance and termination of relationships before marriage. Issues such as self in relationship, family background, gender and personality differences are examined in friendships, dating and marriage. An emphasis will be placed on establishing healthy communication patterns, resolving conflict and setting realistic expectations to enhance long-lasting relationships.

FAM-280 Special Topics 3

FAM-346 Child Welfare (SWK-346) 3/4

The examination of the philosophy of child welfare as a specific field in human services and a comprehensive overview of the programs, legislative provisions, policies, and services which comprise child welfare institutions. This course emphasizes the importance of culture and diversity as a major force in the delivery of child services. *Prerequisite: PSY-111 or SOC-111.*

FAM-380 Internship 1-6/4

FAM-451 Marriage and Family Counseling 3/2

This course provides an overview of the fields of premarital, marital and family counseling. Students are introduced to the unique contributions of the major theoretical approaches, with the intent to help the beginning counselor to develop basic skills necessary for clinical work. *Prerequisite: FAM-211.*

FAM-480 Advanced Topics 3

PSYCHOLOGY

- PSY-111 General Psychology 3/1**
A basic introduction to psychology covering influential people, concepts, theories and methods. Topics include development, personality, perception, learning, biopsychology, psychological disorders, and treatment.
- PSY-222 History and Systems of Psychology 3/2**
An advanced study of the philosophical, socio-cultural and historical foundations of psychology, presenting the people, ideas, and influences that have contributed to the modern-day science and practice of psychology. *Prerequisite: PSY-111.*
- PSY-232 Developmental Psychology K-12 3/2**
An exploration of human development from conception through the high school years, focusing on implications for student learning and educational contexts. Students will examine major psychological theories and research, focusing on cognitive, social-emotional, physical and spiritual development in the first 18 years of life. Special attention will be given to topics that are highly relevant to teachers, including language development, learning/memory/cognitive development, the roles of play and creativity in learning, social/peer relationships, interaction of the family-school context, disabilities of childhood, and the "goodness of fit" between students and their classrooms/schools. This course is intended for future educators and cannot be used in a Psychology major/minor where Child Psychology and/or Adolescent Psychology are being used.
- PSY-235 Lifespan Development Psychology 3/2**
This course examines major developmental issues from conception through the end of life, from a bio-psycho-social-spiritual framework. Students will explore and apply major human development theories including, but not limited to, behaviorism, psychoanalytic, social learning, cognitive theory, psychosocial theory, and ecological theory. A variety of activities including lecture, discussion and case study application will be utilized in exploring the human lifespan.
- PSY-237 Child Psychology 3/2**
An exploration of human development from conception/pregnancy through childhood and into late adolescence, using a developmental-contextual framework. Students will learn major developmental theories and seminal research in the field of child psychology; they will also gain practice in applying theories to case studies, current events, and to their own developmental journey. In addition to readings, mini-lectures and discussions, students will engage in a series of practical lab activities and field trips designed to promote comprehensive understanding of how to help children develop and thrive within multi-leveled contexts. *Prerequisite: PSY-111. Course fee: \$60.00.*
- PSY-238 Adolescent Psychology 3/2**
An exploration of human development from tween years through adolescence and into emerging adulthood, using a developmental-contextual framework. Students will read about and discuss key adolescent development research and practical issues, including, but not limited to, puberty and sexuality, cognitive development, social/peer relationships, family influences, psychopathology associated with adolescence, educational experiences, spiritual formation, adolescent art/music/creativity, technology, and entry into the world of work and higher education. Students will also be asked to reflect on, write about and explore their own developmental journey into and through adolescence. *Prerequisite: PSY-111. Course fee: \$60.00.*
- PSY-239 Adult Psychology 3/2**
An in-depth study of the psychological problems and development of the person from young adulthood through end of life. *Prerequisite: PSY-111*
- PSY-280 Special Topics 3**
- PSY-322 Theories of Personality 3/2**
Addresses major theories with respect to the dynamics, structure, and development of personality. *Prerequisite: PSY-111.*
- PSY-343 Psychology of Learning 3/2**
What engages and motivates human learners? Which factors contribute to an effective learning process? How does one's context affect learning and growth? This course seeks to answer these questions while examining human learning across the lifespan and in various contexts, using developmental and sociocultural frameworks. Students will discuss and apply key learning theories and concepts to case studies and practical real-world scenarios. Emphasis will be on enhancing one's metacognitive awareness and understanding of one's own learning style and learning experiences as a basis for continued growth and development. Students in this course will have ample opportunity to think about and reflect on one's own learning, as well as to observe and interact with other learners. *Prerequisite: PSY-111 or consent of instructor.*
- PSY-346 Child Welfare (SWK-346) 3/4**
The examination of the philosophy of child welfare as a specific field in human services and a comprehensive overview of the programs, legislative provisions, policies, and services which comprise child welfare institutions. This course emphasizes the importance of culture and diversity as a major force in the delivery of child services. *Prerequisite: PSY-111 or SOC-111.*
- PSY-351 Social Psychology 3/2**
An examination of how individual behavior is shaped by the situation in which the behavior is emitted. This course addresses the impact of one's physical and social environment upon behavior. Behavior is broadly defined and includes cognitive processing, attitudes, decision-making, and prosocial and deviant actions. *Prerequisite: PSY-111 or SOC-111.*
- PSY-352 Health Psychology 3/2**
Students in this course will examine health and wellness from a psychological perspective, examining how biological, psychological perspective, examining how biological, psychological and social factors influence human health. Topics will include promotion of positive health practices, illness prevention, impact of stress on health, holistic treatment for health problems, coping with and reducing stress and pain, and the recovery, rehabilitation and psychosocial adjustment of people with serious and chronic health challenges. The role of Christian faith in developing and maintaining physical and mental health will be explored.

- PSY-353 Abnormal Psychology 3/2**
This course examines the major categories of psychopathology, including anxiety disorders, affective disorders, schizophrenia, personality disorders, and organic syndromes, with emphases placed on the symptoms and causes of the disorders and therapeutic methods used to treat them. *Prerequisite: PSY-111.*
- PSY-355/356 Integrated Statistics/Research I & II 6/2**
Designed to equip students with basic statistical knowledge and research skills, this course focuses on applications of these skills and competencies within the helping professions. Attention will be given to helping students become more skilled consumers of empirical research literature. In addition to lectures on basic statistical and research concepts, students will work in research teams to apply this knowledge in the context of a series of lab projects and comprehensive research project. The first semester will cover writing a research proposal, securing CU-IRB approval, basic quantitative and qualitative research design, research ethics, and survey/protocol development. In the second semester, students will gather empirical data, conduct SPSS data analysis, and prepare written and oral research reports. Students will be encouraged to seek conference presentation and/or publication of their original work. Note: This 6-credit course must be taken in sequence during consecutive semesters. Students who fail PSY-355 will not be allowed to advance to PSY-356 and must retake PSY-355. *Prerequisites: Math core, Junior status.*
- PSY-362 Sport and Exercise Psychology 3/2**
This course is designed to acquaint students in psychology and kinesiology with basic interventions to enhance athletic performance and promote the physical and mental health of athletic and general populations alike. This course also examines the social psychology and psychobiology of sport and exercise.
- PSY-363 Positive Psychology: Hope, Resilience and Flourishing 3/4**
This course will provide the philosophical and theoretical framework for the entire Child and Adolescent Services concentration. Students will explore positive psychology research in areas including gratitude, hope, mindset, and human flourishing. Practical applications for intervention in working with children, adolescents and families will be explored, situated within school, community, and medical settings. *Prerequisite: PSY-111.*
- PSY-370 Child and Adolescent Practicum/Seminar 3/2**
Students will gain practical experience in a child and/or adolescent-focused setting as preparation for internship placement. Students will spend 4-5 hours weekly in the field, gaining observational and shadowing experience and volunteering directly with children/adolescents. Students will also participate in a one-hour weekly seminar where experiences, case studies, ethical challenges and other practicum experiences will be discussed and debriefed. CAS students must complete this course before applying for their internship.
- PSY-380 Internship 1-6/1**
Each psychology major will complete a minimum of 120 hours in an approved internship setting, under the supervision of a qualified professional. Students will work with both faculty and field supervisors to develop and work toward learning objectives relevant to the psychology disciplines and to their chosen career path. *Prerequisite: PSY-111.*
- PSY-400 Capstone Seminar: Psychology 3/2**
This required capstone seminar provides senior psychology majors the opportunity to explore and critically discuss seminal research in psychology, the integration of psychology and the Christian worldview, ethical responsibilities of psychologists, and current trends in research and practice. Attention will also be given to preparation for graduate school and professional employment. Students will prepare a comprehensive portfolio and discuss key issues related to interviewing and applying for jobs and graduate school admission. Each senior seminar group will also work collaboratively in a service learning project to emphasize the importance of ministry and outreach in the psychological profession. *Prerequisites: Senior status. Course fee: \$50.00.*
- PSY-421 Theories of Counseling 3/2**
This course offers an overview of current approaches to psychological counseling, including psychodynamic, person centered, behavior, cognitive and reality therapy. Major Christian approaches to counseling are also examined with emphasis on theory and practical application. *Prerequisite: PSY-111.*
- PSY-441 Physiological Psychology 3/2**
An exploration of the complex interplay between physiological structures/processes and human behavior. Focus topics include the neurological basis of psychological disorders, motor function, language, memory, learning and emotion. Emphasis will be given to gaining a basic understanding of neurological disorders. *Prerequisites: PSY-111, Junior or Senior status.*
- PSY-443 Creative Therapies I: Play and Story 3/J-term/Summer**
This experiential learning seminar investigates the historical development, theoretical grounding, empirical research, and practical techniques of play therapy with children, adolescents, adults, families and groups. Emphasis is given to exposing students to a broad range of specific therapeutic techniques with various populations. Creative therapies including art therapy, bibliotherapy, and animal-assisted therapy will also be addressed. *Prerequisite: PSY-111 or PSY-232 OR instructor approval. Course fee: \$60.00.*
- PSY-444 Creative Therapies II: Art and Music 3/J-term/Summer**
This advanced psychology seminar examines the history, theory, individuals and techniques within the realm of art therapy and music-based therapies. This course strongly emphasizes experiential learning, with each student engaging actively in a variety of creative art-based projects and activities. This seminar is designed both to enhance academic knowledge, as well as to encourage personal growth and development. *Prerequisite: PSY-111, PSY-232 or instructor approval. Course fee: \$60.00.*
- PSY-448 Cross-Cultural Psychology 3/4**
A study of the multicultural components of human behavior, mental processes, and spirituality. Special attention will be given to research on cross-cultural aspects of critical thinking, perception, emotional states and expression, psychological disorders, cross-cultural social interaction, and spirituality. Applications to cross-cultural service will be discussed.

PSY-470	Readings in Psychology	1-3
PSY-480	Advanced Topics Seminar	3/6
PSY-490	Independent Study	1/3

SOCIOLOGY

SOC-111 Introduction to Sociology 3/1
Introduction to the general field of sociology. This course includes an overview of several subfields of sociology. Basic theoretical perspectives of sociology are used to provide an explanation of basic institutions and social processes.

SOC-243 Social Problems 3/2
The study of social problems that are institutional in nature and of policies implemented to alleviate the problems. The course includes a discussion of causes, consequences, and intervention strategies used by private and governmental agencies. *Prerequisite: SOC-111.*

SOC-252 Social Determinants of Health (CHL-252) 3/2
An examination of factors other than individual behaviors that affect health and illness. Includes a discussion of individual resources (e.g., education, occupation, and income), neighborhood resources (e.g., transportation, public safety, types of food available, housing), and the impact of broader societal factors, such as environment, racism, and the economic system on health and illness. *Prerequisite: CHL-111 and CHL-121.*

SOC-280 Special Topics 3

SOC-344 Substance Abuse (SWK-344) 3/2
The impact of substances including alcohol, marijuana, and cocaine upon individuals, families, and communities is studied. The causes, scope, policy issues, and methods of preventing chemical dependence are investigated. Places emphasis upon developing assessment and treatment skills. *Prerequisites: PSY-111 or SOC-111*

SOC-346 Child Welfare (SWK-346) 3/4
The examination of the philosophy of child welfare as a specific field in human services and a comprehensive overview of the programs, legislative provisions, policies, and services which comprise child welfare institutions. This course emphasizes the importance of culture and diversity as a major force in the delivery of child services. *Prerequisite: PSY-111 or SOC-111.*

SOC-351 Sociology of Small Groups (COM-321) 3/2
A study of general and specific group communication theories and their relationship to communication in a variety of settings. Topics include group formation, cohesiveness, groupthink, norms, leadership, decision making and conflict. Students become better leaders and participants through a variety of experiential learning opportunities. *Prerequisite: SOC-111.*

SOC-352 Inter-Cultural Communication (COM-311) 3/6
A study of the programs of oral and written communication in world areas where cultural or linguistic boundaries must be crossed. *Prerequisite: SOC-111.*

SOC-353 Social Psychology 3/2
An examination of how individual behavior is shaped by the situation in which the behavior is emitted. This course addresses the impact of one's physical and social environment upon behavior. Behavior is broadly defined and includes cognitive processing, attitudes, decision-making, and prosocial and deviant actions. *Prerequisite: PSY-111 or SOC-111.*

SOC-362 Health Care Systems and Health Policy (CHL-362) 3/2
An examination of global and domestic health care systems and policies. Overview of the Affordable Care Act and Millennium Development Goals (for global health policy). *Prerequisite: CHL-111 and CHL-121.*

SOC-380 Internship 1-6/1
Practical experience. Students apply the theories, concepts, or research skills learned in sociology. Internships can be performed in a social agency or another setting that affords students an opportunity to interface theory with practice. Examples of internships include work in social agencies or applied sociology (sociological research).

SOC-417 Minorities (SWK-417) 3/2
Comparative study of ethnic and racial minorities. This course explores the history of majority-minority relationships, the current status of minorities, and subcultural differences. Students learn the importance of appreciating subcultural differences and the implications of those differences for multi-cultural settings. *Prerequisites: SOC-111 and SOC-243 or SOC/CHL-252.*

SOC-432 Sociology of the Family 3/2
An examination of the institution of the family. Issues confronting the family, changes the family is undergoing, and the family life cycle are discussed. *Prerequisite: SOC-111.*

SOC-441 Gerontology (SWK-441) 3/4
An interdisciplinary approach to the study of aging. This course provides a comprehensive view of the physiological, social, and psychological dimensions of the aging process. *Prerequisite: SOC-111 or PSY-111.*

SOC-470 Readings in Sociology 3/1

SOC-480 Advanced Topics Seminar 3/6

SOC-490 Independent Study 1-3/1

SOCIAL WORK

- SWK-111 Introduction to Social Work 3/1**
An introduction to the history of social work as a profession from its Judeo-Christian origins to current trends and influences. An overview of professional social work education including an introduction to social work values and ethics, generalist practice theory, social welfare policy, populations at-risk, social work roles and various practice settings.
- SWK-221 Human Behavior in the Social Environment I 3/2**
The study of theories and knowledge of human behavior and bio-psycho-social-spiritual development from birth to young adulthood. Application of social systems theory in the analysis of the interactions between human behavior and social environmental structures. Attention is given to the role of culture, race, ethnicity, social class, gender and sexual orientation in human development and behavior. *Prerequisites: PSY-111, SOC-111, SWK-111, BIO-151 or BIO-241 or BIO-242.*
- SWK-222 Human Behavior in the Social Environment II 3/2**
The study of theories and knowledge of human behavior and bio-psycho-social-spiritual development from middle to late adulthood. Application of social systems theory in the analysis of the interactions between human behavior and social environmental structures. Attention is given to the role of culture, ethnicity, social class, race, gender and sexual orientation in human development and behavior. *Prerequisite: SWK-221. Course Fee: \$25.*
- SWK-280 Special Topics 3**
- SWK-311 Social Welfare Policy 3/2**
A survey and analysis of the political, social, cultural and economic forces that influence the development of welfare policies in the United States. The impact of these policies on various populations at risk (including but not limited to those distinguished by age, ethnicity, culture, class, religion and physical or mental ability) is examined. Students develop and articulate their own perspectives on social welfare and the implications for generalist social work practice. *Prerequisites: SWK-111, SOC-243, SSC-211, ECN-231. Course fee: \$60.00.*
- SWK-331 Social Work Practice I: Individuals and Families 3/2**
Direct practice skills essential for the generalist social worker. Interviewing and assessment skills, case management, crisis intervention, ethical decision making methods are applied to case situations. Students are introduced to the generalist Intervention Model with considerations for practice with diverse and vulnerable client populations. *Corequisite: SWK-221, Prerequisites: SWK-111, Admission to the SWK Program, Junior status.*
- SWK-332 Social Work Practice II: Groups 3/2**
This course builds on the first practice course emphasizing social work practice with individuals and families and provides greater focus on the application of generalist practice knowledge, values, and skills in service delivery to groups. Students review the origins of group work as a social work intervention method; stages of group development; and the group dynamics likely present during those stages. Additionally, students study and practice techniques for the implementation and facilitation of various types of groups at varying stages. This also includes discussion of knowledge and skills related to effective group work with diverse client populations. *Prerequisites: SWK-331, admission to the SWK Program.*
- SWK-333 Social Work Practice III: Communities & Organizations 3/2**
Indirect practice and intervention skills essential for the generalist social worker: community organization and development, social planning, social action and social administration. Focuses on the interplay between the individual and the macro environment and viewed from the perspective of the direct service provider seeking resources for vulnerable or oppressed client populations. *Prerequisites: SWK-332, admission to the SWK Program.*
- SWK-344 Substance Abuse (SOC-344) 3/2**
The impact of substances including alcohol, marijuana, and cocaine upon individuals, families, and communities is studied. The causes, scope, policy issues, and methods of preventing chemical dependence are investigated. Places emphasis upon developing assessment and treatment skills. *Prerequisites: PSY-111 or SOC-111*
- SWK-346 Child Welfare (SOC-346, FAM-346, PSY-346) 3/4**
The examination of the philosophy of child welfare as a specific field in human services and a comprehensive overview of the programs, legislative provisions, policies, and services which comprise child welfare institutions. This course emphasizes the importance of culture and diversity as a major force in the delivery of child services. *Prerequisites: PSY-111 or SOC-111.*
- SWK-411 Ethical Decision Making in Social Work 3/2**
This course provides a more in-depth analysis of the Social Work Code of Ethics and overviews frameworks for ethical decision-making. The emphasis is on improving students' ability to more readily identify ethical problems and thoughtfully work through these issues through the use of case studies. *Prerequisites: PHI-211, Junior status.*
- SWK-417 Human Diversity (SOC-417) 3/2**
Comparative study of ethnic and racial minorities. This course explores the history of majority-minority relationships, the current status of minorities and subcultural differences. Students learn the importance of appreciating subcultural differences and the implications of those differences for multicultural practice settings. *Prerequisites: SOC-111, and SOC-243 or SOC-252.*
- SWK-441 Gerontology (SOC-441) 3/4**
An interdisciplinary approach to the study of aging. This course provides a comprehensive view of the physiological, social and psychological dimensions of the aging process. *Prerequisite: SOC-111 or PSY-111*

- SWK-450 Field Practicum I 5/2**
 Students are placed in a community agency (minimum of 220 hours) under the supervision of a professional social worker. Opportunities are provided to integrate the knowledge, values, and skills of generalist practice in the field setting with client systems that may include: individuals, families, small groups, organizations and communities. Emphasis is on the enhancement and well being of diverse and vulnerable populations and working towards the amelioration of environmental conditions that affect people adversely. *Prerequisites: Admission to the SWK Program and faculty approval, must have completed or be enrolled in all required SWK practice courses, must be taken concurrently with SWK-451, must have Senior status.*
- SWK-451 Field Practicum Seminar I 1/2**
 A seminar, held on campus, in which students may share practicum experiences, integrate theoretical knowledge, consider ethical and value issues, and practice mutual support and supervision. Emphasis is on the understanding of oneself in the helping role and developing cultural sensitivity in working with diverse individuals, families, groups, and communities. *Note: Must have completed, or be enrolled in, all required SWK practice courses and must be taken concurrently with SWK-450. Course fee: \$5.00.*
- SWK-460 Field Practicum II 5/2**
 Students are placed in a community agency (minimum of 220 hours) under the supervision of a professional social worker. Opportunities are provided to integrate the knowledge, values, and skills of generalist practice in the field setting with client systems that may include: individuals, families, small groups, organizations and communities. Emphasis is on the enhancement and well being of diverse and vulnerable populations and working towards the amelioration of environmental conditions that affect people adversely. *Prerequisites: SWK-450, Admission to the SWK Program and faculty approval, must have completed, or be enrolled in, all required SWK courses, and must be taken concurrently with SWK-461, must have Senior status.*
- SWK-461 Field Practicum Seminar II 1/2**
 A seminar, held on campus, in which students may share practicum experiences, integrate theoretical knowledge, consider ethical and value issues, and practice mutual support and supervision. Emphasis is on the understanding of oneself in the helping role and developing cultural sensitivity in working with diverse individuals, families, groups, and communities. *Prerequisite: SWK-451, must have completed, or be enrolled in, all required SWK courses and must be taken concurrently with SWK-460.*
- SWK-462 Capstone Seminar: Social Work 3/2**
 This course serves as the capstone to the Social Work Program. Its primary emphasis is on professional development and self-evaluation in the context of the social work competencies. Students also focus on social work practice and the integration of various competencies through the use of a problem based learning approach. Content related to Christian worldview and social work practice is infused throughout the full semester in order to encourage professional development. Finally, opportunities to gain knowledge and skills associated with employment and graduate school are provided. Course fee: \$25.00.
- SWK-480 Advanced Topics 3/6**
 An elective course on a selected topic related to social work generalist practice. May include current issues or trends, special populations or advanced practice skills. *Prerequisites: Junior or Senior status.*
- SWK-490 Independent Study 1-3/1**
 An elective course requiring student research and a written report on a specific area of interest related to social work practice. The topic is selected by the student with final approval and supervision by Social Work faculty. *Prerequisite: Faculty approval.*