

**FALL**

**FRESHMAN (2019)**

IDS-103	CU Foundations I/Terra Firma	1
MAT-110	College Math*	3
ENG-212	Writing & Culture**	3
PSY-111	General Psychology	3
COM-112	Communication in Culture	3
REL-104	Old Testament Literature	3
		<b>16</b>

**SOPHOMORE (2020)**

FAM-211	Intro to Relationships	3
KIN-1XX	KIN Activity	1
KIN-100	Total Fitness & Wellness	2
PHI-211	Philosophy in Culture	3
	Major elective***	3
	Foreign Language Requirement	3
	<b>See details on back</b>	
		<b>15</b>

**JUNIOR (2021)**

PSY-353	Abnormal Psychology	3
PSY-355	Integrated Statistics I	3
PSY-441	Physiological Psychology	3
HUM-311	Imagination in Culture	3
	General elective	3
		<b>15</b>

**SENIOR (2022)**

PSY-400	Capstone Seminar	3
PSY-421	Theories of Counseling	3
REL-352	Christian Beliefs & History	3
	General electives	6
		<b>15</b>

**SPRING**

**FRESHMAN (2020)**

IDS-104	CU Foundations II/Terra Firma	1
HIS-114	World Civilization II	3
IDS-101	Creativity, Innovation, & Problem Solving	2
REL-204	New Testament Literature	3
	GE Lab Science	4
	Major elective***	3
		<b>16</b>

**SOPHOMORE (2021)**

PSY-222	History & Systems of Psychology	3
PSY-322	Theories of Personality	3
	Major elective***	3
	General elective	3
	Foreign Language Requirement	3
	<b>See details on back</b>	
		<b>15</b>

**JUNIOR (2022)**

PSY-356	Integrated Statistics II	3
PSY-380	Internship	3
SCI-311	Science in Culture	3
	Global Studies Requirement ( <b>details on back</b> )	3
	<b>could take as J or May term trip</b>	
	Major elective***	3
		<b>15</b>

**SENIOR (2023)**

FAM-451	Marriage & Family Counseling	3
	Remaining electives (Major or general electives)	10
		<b>13</b>

**TOTAL CREDITS**

**120**

*Math Placement based on ACT/SAT score or placement results	**English placement based on ACT/SAT score
***See back for Major elective options	

**RELATED COURSES THAT FULFILL GLOBAL STUDIES REQUIREMENT:**

For a full list of course options see the Academic Catalog

LIN-100	Language in Culture <b>*meets partial Foreign Language Requirement</b>	3		Psychology in Europe Study Trip	3
PSY-448	Cross-Cultural Psychology	3		International Study Trip	3
SSC-312	World Affairs	3	COM-311	Intercultural Communication	3

**FOREIGN LANGUAGE REQUIREMENT**

CHOOSE ONE. SELECT THE OPTION THAT FITS YOUR ACADEMIC HISTORY.

OPTION 1	OPTION 2	OPTION 3	OPTION 4
<p>You completed at least three years of the same Foreign Language in High School</p> <p><i>*Foreign Language requirement is <u>MET</u></i></p>	<p>You completed at least two years of the same Foreign Language in High School</p> <p><i>*Take LIN 100 OR a second semester course in a foreign language</i> <i>(IE: SPA 102)</i></p>	<p>You completed 1 or less years of Foreign Language in High School</p> <p><i>*Take a 1<sup>st</sup> and 2<sup>nd</sup> semester Foreign Language sequence</i> <i>(IE: SPA 101 &amp; SPA 102)</i></p>	<p>You completed 1 or less years of Foreign Language in High School</p> <p><i>*Take LIN 100 + 1<sup>st</sup> semester Foreign Language</i> <i>(IE: LIN 100 + SPA 101)</i></p>

**APPROVED MAJOR ELECTIVES (12 CREDITS REQUIRED):**

CHOOSE TWO COURSES FROM OPTION A & TWO COURSES FROM OPTION B

OPTION A (CHOOSE TWO)		OPTION B (CHOOSE TWO)	
PSY 237- Child Psychology	3	PSY 343- Psychology of Learning	3
PSY 238- Adolescent Psychology	3	PSY 351- Social Psychology	3
PSY 239- Adult Psychology	3	PSY 362- Sport & Exercise Psychology	3
		PSY 443- Creative Therapies I (J-Term course only)	3
		PSY 444- Creative Therapies II (J-Term course only)	3
		PSY 448- Cross-Cultural Psychology	3
		<b>*Meets Global Studies Requirement</b>	

**REQUIRED COUNSELING COURSES:**

**CREDIT HOURS**

PSY-111	General Psychology	3
PSY-222	History & Systems of Psychology	3
PSY-322	Theories of Personality	3
PSY-353	Abnormal Psychology	3
PSY-355	Integrated Statistics & Research I	3
PSY-356	Integrated Statistics & Research II	3
PSY-380	Internship	4
PSY-400	Capstone Seminar: Psychology	3
PSY-421	Theories of Counseling	3
PSY-441	Physiological Psychology	3
FAM-211	Relationships	3
FAM-451	Marriage & Family Counseling	3
	Major Electives (See approved list above to choose courses)	12

CUMULATIVE TOTAL 49