



## **MA Counseling: Multi-State Licensure Specialization**

*The requirements for licensure vary by state. Our Multi-State Licensure specialization is designed for students who want to practice outside the state of Michigan. GRTS offers courses like Counseling Addictions and Human Growth and Development that are not required in the state of Michigan but are required by many other states. An admissions counselor can work with you to make a program plan.*

Choose any three of the following:

### **COU-653 Addictions Counseling: Treatment and Intervention**

**3 credits**

This course is designed to help the student become more knowledgeable about counseling philosophy, techniques, theory and professional/ethical standards that are most effective in counseling clients who have been diagnosed with an addictive or compulsive disorder. Current research about the most effective and practical theoretical counseling models that foster personal growth, recovery, healing and change are studied and critiqued from a Biblical perspective. There will be a concentration on documentation/record keeping, crisis intervention, treatment planning and the important aspects of clinical supervision. Students will also have an opportunity to learn and critically examine how their intrapersonal awareness can enhance the counseling process.

### **COU-660 Abnormal Psychology**

**3 credits**

This course provides an introduction to the study of human psychopathology from a Christian Worldview. A broad array of theoretical perspectives about abnormal behavior as they relate to the definition, etiology, and treatment of mental disorders will be emphasized. Diagnostic classification, behavioral, and biological features of the major syndromes of psychopathology will be an integral part of the curriculum. This course is administered through an online format.

### **COU-662 Human Growth and Development**

**3 credits**

This course is designed to introduce students to a meaningful exploration of human development throughout the lifespan from a Christian Worldview. Core themes from the discipline of developmental psychology will be emphasized with consideration to a multicultural context. Special attention will be devoted to studying broad theoretical perspectives about the various aspects of optimal human development as well as factors that impede or diminish a persons' ability to thrive and flourish. This course is administered through an online format.

**COU-670 Diagnostic and Clinical Assessment of Mental Disorders****3 credits**

This course provides an in depth study of the complex nature of the diagnostic process from a clinical and practical perspective with the use of the Diagnostic and Statistical Manual of Mental Disorder (DSM-5). Special attention will be devoted to cultivating the clinical skills necessary for Counselors to formulate a multiaxial diagnosis for clients that meet the criteria for mental disorders. Students will have an opportunity to develop a diagnostic framework from a Christian Worldview that will be foundational to learning the professional skills necessary for the treatment planning process. This course is administered through an online format.