

M.A. IN CLINICAL MENTAL HEALTH COUNSELING PLANNING GUIDE



12 CREDIT HOURS PER TERM

This program is 60 credit hours. Concentration options could add additional credits. See concentrations page for details.

**Indicates summer courses that are taken sequentially.*

Starting With the Fall Term

FALL		SPRING		SUMMER	
YEAR 1					
COU-501	Counseling Theories	COU-602	Clinical Assessments	COU-525	Social & Cultural Foundations in Counseling
COU-502	Counseling Ethics & Issues	COU-612	Group Techniques	COU-610	Counseling Techniques
COU-503	Introduction to Counseling & Professional Development	COU-661	Career Development	COU-643	Trauma Informed Advocacy & Crisis Intervention
COU-521	Foundations of Marriage & Family Counseling	COU-672	Treatment of Mental & Emotional Disorders	COU-653	Addictions Counseling: Treatment & Intervention

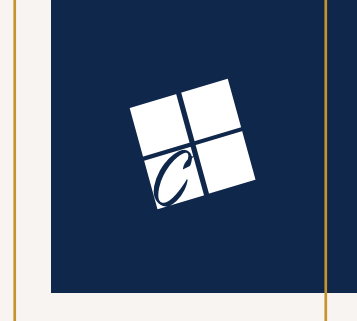
YEAR 2					
COU-611	Career Development	ELECTIVE		COU-675	Technology-Assisted Counseling*
COU-662	Human Growth & Development			COU-680	Psychopharm. & Neuroscience in Counseling*
COU-700	Research Methodology				
COU-782	Practicum: Counseling Field Experience	COU-784	Internship I: Counseling Field Experience	COU-785	Internship II: Counseling Field Experience

Starting With the Spring Term

SPRING		SUMMER		FALL	
YEAR 1					
COU-501	Counseling Theories	COU-525	Social & Cultural Foundations in Counseling	COU-602	Clinical Assessments
COU-502	Counseling Ethics & Issues	COU-610	Counseling Techniques	COU-612	Group Techniques
COU-503	Introduction to Counseling & Professional Development	COU-643	Trauma Informed Advocacy & Crisis Intervention	COU-661	Career Development
COU-521	Foundations of Marriage & Family Counseling	COU-653	Addictions Counseling: Treatment & Intervention	COU-672	Treatment of Mental & Emotional Disorders

YEAR 2					
COU-611	Career Development	COU-675	Technology-Assisted Counseling*	ELECTIVE	
COU-662	Human Growth & Development	COU-680	Psychopharm. & Neuroscience in Counseling*		
COU-700	Research Methodology				
COU-782	Practicum: Counseling Field Experience	COU-785	Internship II: Counseling Field Experience	COU-785	Internship II: Counseling Field Experience

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9 CREDIT HOURS PER TERM

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Starting With the Fall Term

FALL		SPRING		SUMMER	
YEAR 1					
COU-501	Counseling Theories	COU-521	Foundations of Marriage & Family Counseling	COU-525	Social & Cultural Foundations in Counseling
COU-502	Counseling Ethics and Issues	COU-602	Clinical Assessments	COU-610	Counseling Techniques
COU-503	Intro. to Counseling & Professional Development	COU-611	Career Development	COU-643	Trauma Informed Advocacy & Crisis Intervention

YEAR 2					
COU-612	Group Techniques	COU-662	Human Growth & Development	COU-653	Addictions Counseling: Treatment & Intervention
COU-661	Psychopathology & Diagnosis	COU-700	Research Methodology	COU-675	Technology-Assisted Counseling*
				COU-680	Psychopharm. & Neuroscience in Counseling*
COU-672	Treatment of Mental & Emotional Disorders	COU-782	Practicum: Counseling Field Experience	COU-784	Internship I: Counseling Field Experience

YEAR 3					
ELECTIVE					
COU-785	Internship II: Counseling Field Experience				

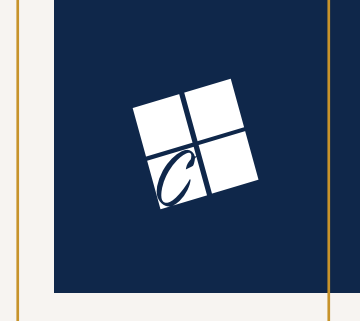
Starting With the Spring Term

SPRING		SUMMER		FALL	
YEAR 1					
COU-501	Counseling Theories	COU-525	Social & Cultural Foundations in Counseling	COU-521	Foundations of Marriage & Family Counseling
COU-502	Counseling Ethics & Issues	COU-610	Counseling Techniques	COU-602	Clinical Assessments
COU-503	Intro to Counseling & Professional Development	COU-643	Trauma Informed Advocacy & Crisis Intervention	COU-611	Career Development

YEAR 2					
COU-612	Group Techniques	COU-653	Addictions Counseling: Treatment & Intervention	COU-662	Human Growth & Development
COU-661	Psychopathology & Diagnosis	COU-675	Technology-Assisted Counseling*	COU-700	Research Methodology
		COU-680	Psychopharm. & Neuroscience in Counseling*		
COU-672	Treatment of Mental & Emotional Disorders	COU-782	Practicum: Counseling Field Experience	COU-784	Internship I: Counseling Field Experience

YEAR 3					
ELECTIVE					
COU-785	Internship II: Counseling Field Experience				

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6 CREDIT HOURS PER TERM

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Starting With the Fall Term

FALL		SPRING		SUMMER	
YEAR 1					
COU-502	Counseling Ethics & Issues	COU-501	Counseling Theories	COU-525	Social & Cultural Foundations in Counseling
COU-503	Introduction to Counseling & Professional Development	COU-521	Foundations of Marriage & Family Counseling	COU-643	Trauma Informed Advocacy & Crisis Intervention
YEAR 2					
COU-602	Clinical Assessments	COU-612	Group Techniques	COU-610	Counseling Techniques
COU-611	Career Development	COU-661	Psychopathology & Diagnosis	COU-653	Addictions Counseling: Treatment & Intervention
YEAR 3					
COU-662	Human Growth & Development	COU-700	Research Methodology	COU-675	Technology-Assisted Counseling*
				COU-680	Psychopharm. & Neuroscience in Counseling*
COU-672	Treatment of Mental & Emotional Disorders	COU-782	Practicum: Counseling Field Experience	COU-784	Internship I: Counseling Field Experience
YEAR 4					
ELECTIVE					
COU-785	Internship II: Counseling Field Experience				

Starting With the Spring Term

SPRING		SUMMER		FALL	
YEAR 1					
COU-502	Counseling Ethics & Issues	COU-525	Social & Cultural Foundations in Counseling	COU-501	Counseling Theories
COU-503	Introduction to Counseling & Professional Development	COU-643	Trauma Informed Advocacy & Crisis Intervention	COU-521	Foundations of Marriage & Family Counseling
YEAR 2					
COU-602	Clinical Assessments	COU-610	Counseling Techniques	COU-612	Group Techniques
COU-611	Career Development	COU-653	Addictions Counseling: Treatment & Intervention	COU-661	Psychopathology & Diagnosis
YEAR 3					
COU-662	Human Growth & Development	COU-675	Technology-Assisted Counseling*	COU-700	Research Methodology
		COU-680	Psychopharm. & Neuroscience in Counseling*		
COU-672	Treatment of Mental & Emotional Disorders	COU-782	Practicum: Counseling Field Experience	COU-784	Internship I: Counseling Field Experience
YEAR 4					
ELECTIVE					
COU-785	Internship II: Counseling Field Experience				

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CONCENTRATIONS

Students may select one of three optional concentrations in preparation for their career in clinical mental health counseling.

To declare a concentration as part of your Master of Arts in clinical mental health counseling program, contact your academic adviser by calling 616.949.5300.

COURSE	CREDIT HOURS	Course Availability	
		FALL	SPRING
MARRIAGE AND FAMILY THERAPY EMPHASIS			
COU-520 Child and Adolescent Counseling	3	X	X
COU-720 Advanced Marriage and Couples Therapy: Assessment, Skills and Practice	3	X	
COU-730 Advanced Family Therapy: Assessment, Skills and Practice	3		X
COU-788 Internship 3: Counseling Field Experience 300/120 (total/direct) Relational Hours	3	X	X
COU-789 Internship 4: Counseling Field Experience 300/120 (total/direct) If needed	3	X	X
Total Concentration Credits	9-15		
ADDICTIONS COUNSELING			
COU-651 Clinical Diagnostic Assessment of Addictions	3	X	
COU-652 Sociology of Addictions	3		X
Total Concentration Credits	6		
TRAUMA COUNSELING			
COU-642 Sociology of Trauma	3	X	
COU-644 Trauma Counseling and Recovery	3		X
Total Concentration Credits	6		