

FALL

FRESHMAN (2020)

IDS-103	CU Foundations I/Terra Firma	1
MAT-110	College Math*	3
ENG-212	Writing & Culture**	3
PSY-111	General Psychology	3
COM-112	Communication in Culture	3
REL-104	Old Testament Literature	3
		16

SOPHOMORE (2021)

PSY-238	Adolescent Psychology	3
SOC-111	Introduction to Sociology	3
PHI-211	Philosophy in Culture	3
KIN-1XX	KIN Activity course	1
	Major elective***	3
	Foreign Language Requirement	3
	See back for details	
		16

JUNIOR (2022)

PSY-355	Integrated Statistics I	3
PSY-441	Physiology Psychology	3
SOC-432	Sociology of the Family	3
REL-352	Christian Beliefs & History	3
PSY-363	Positive Psychology	3
		15

SENIOR (2023)

PSY-380	Internship	3
PSY-400	Capstone Seminar	3
	Major elective***	3
	General elective(s)	4
		13

SPRING

FRESHMAN (2021)

IDS-104	CU Foundations II/Terra Firma	1
HIS-114	World Civilization II	3
PSY-237	Child Psychology	3
REL-204	New Testament Literature	3
BIO-161	Human Biology	4
IDS-101	Creativity, Innovation, & Problem Solving	2
		16

SOPHOMORE (2022)

PSY-239	Adult Psychology	3
PSY-370	Child & Adolescent Practicum	3
PSY-222	History & Systems of Psychology	3
KIN-100	Total Fitness & Wellness	2
	Foreign Language Requirement	3
	See details on back	
	Major elective***	3
		17

JUNIOR (2023)

PSY-356	Integrated Statistics II	3
PSY-444	Creative Therapies II (J-Term Course)	3
HUM-311	Imagination in Culture	3
	General Elective(s)	3
	Global Studies Requirement (see below)	3
	could take as J or May term trip	
		15

SENIOR (2024)

PSY-443	Creative Therapies I (J-Term Course)	3
SCI-311	Science in Culture	3
	Remaining electives	6
		12

TOTAL CREDITS

120

*Math Placement based on ACT/SAT score or placement results

**English placement based on ACT/SAT score

***See back for Major elective options

RELATED COURSES THAT FULFILL GLOBAL STUDIES REQUIREMENT:

For a full list of course options see the [Academic Catalog](#)

LIN-100	Language in Culture *meets partial Foreign Language Requirement	3	Psychology in Europe Study Trip	3
PSY-448	Cross-Cultural Psychology	3	International Study Trip	3
SSC-312	World Affairs	3		

FOREIGN LANGUAGE REQUIREMENT

CHOOSE ONE. SELECT THE OPTION THAT FITS YOUR ACADEMIC HISTORY.

OPTION 1	OPTION 2	OPTION 3	OPTION 4
<p>You completed at least three years of the same Foreign Language in High School</p> <p><i>*Foreign Language requirement is <u>MET</u></i></p>	<p>You completed at least two years of the same Foreign Language in High School</p> <p><i>*Take LIN 100 <u>OR</u> a second semester course in a foreign language (IE: SPA 102)</i></p>	<p>You completed 1 or less years of Foreign Language in High School</p> <p><i>*Take a 1st and 2nd semester Foreign Language sequence (IE: SPA 101 & SPA 102)</i></p>	<p>You completed 1 or less years of Foreign Language in High School</p> <p><i>*Take LIN 100 + 1st semester Foreign Language (IE: LIN 100 + SPA 101)</i></p>

APPROVED MAJOR ELECTIVES (8-9 CREDITS REQUIRED):

CHOOSE ONE COURSE FROM OPTION A & TWO COURSES FROM OPTION B

OPTION A (CHOOSE ONE)		OPTION B (CHOOSE TWO)	
FAM 451- Marriage & Family Counseling	3	BIO 347- Introduction to Nutrition	3
PSY 322- Theories of Personality	3	EDU 321- Children's Literature	3
PSY 343- Psychology of Learning	3	EDU 323- Adolescent Literature	3
PSY 351- Social Psychology	3	SCI 242- Medical Terminology	2
PSY 352- Health Psychology	3	SCI 423- Neuroscience	3
PSY 362- Sport & Exercise Psychology	3	SWK 346- Child Welfare	3
PSY 421- Theories of Counseling	3		
PSY 448- Cross-Cultural Psychology (meets Global Studies Req.)	3		

REQUIRED CHILD & ADOLESCENT SERVICES COURSES:

CREDIT HOURS

PSY-111	General Psychology	3
PSY-222	History & Systems of Psychology	3
PSY-237	Child Psychology	3
PSY-238	Adolescent Psychology	3
PSY-239	Adult Psychology	3
PSY-355	Integrated Statistics & Research I	3
PSY-356	Integrated Statistics & Research II	3
PSY-363	Positive Psychology: Hope, Resilience, and Flourishing	3
PSY-370	Child and Adolescent Practicum/Seminar	3
PSY-380	Internship	4
PSY-400	Capstone Seminar: Psychology	3
PSY-441	Physiological Psychology	3
PSY-443	Creative Therapies I: Play and Story (Offered in J-Term ONLY)	3
PSY-444	Creative Therapies II: Art and Music (Offered in J-Term ONLY)	3
SOC-111	Introduction to Sociology	3
SOC-432	Sociology of the Family	3
BIO-161	Human Biology	4
	Major Electives (See approved list above for course options)	8-9

CUMULATIVE TOTAL 61-62