

FALL

FRESHMAN (2020)

IDS-103	CU Foundations I/Terra Firma	1
MAT-110	College Math*	3
ENG-212	Writing & Culture**	3
PSY-111	General Psychology	3
COM-112	Communication in Culture	3
REL-104	Old Testament Literature	3
		16

SOPHOMORE (2021)

PSY-211	Introduction to Relationships	3
KIN-1XX	KIN Activity	1
KIN-100	Total Fitness & Wellness	2
PHI-211	Philosophy in Culture	3
	Major elective***	3
	Foreign Language Requirement	3
	See details on back	
		15

JUNIOR (2022)

PSY-353	Abnormal Psychology	3
PSY-355	Integrated Statistics I	3
PSY-441	Physiological Psychology	3
HUM-311	Imagination in Culture	3
	General elective	3
		15

SENIOR (2023)

PSY-400	Capstone Seminar	3
PSY-421	Theories of Counseling	3
REL-352	Christian Beliefs & History	3
	General electives	6
		15

SPRING

FRESHMAN (2021)

IDS-104	CU Foundations II/Terra Firma	1
HIS-114	World Civilization II	3
IDS-101	Creativity, Innovation, & Problem Solving	2
REL-204	New Testament Literature	3
	GE Lab Science	4
	Major elective***	3
		16

SOPHOMORE (2022)

PSY-222	History & Systems of Psychology	3
PSY-322	Theories of Personality	3
	Major elective***	3
	General elective	3
	Foreign Language Requirement	3
	See details on back	
		15

JUNIOR (2023)

PSY-356	Integrated Statistics II	3
PSY-380	Internship	3
SCI-311	Science in Culture	3
	Global Studies Requirement (details on back)	3
	could take as J or May term trip	
	Major elective***	3
		15

SENIOR (2024)

PSY-456	Marriage & Family Counseling	3
	Remaining electives (Major or general electives)	10
		13

TOTAL CREDITS

120

*Math Placement based on ACT/SAT score or placement results

**English placement based on ACT/SAT score

***See back for Major elective options

RELATED COURSES THAT FULFILL GLOBAL STUDIES REQUIREMENT:

For a full list of course options see the [Academic Catalog](#)

LIN-100	Language in Culture *meets partial Foreign Language Requirement	3		Psychology in Europe Study Trip	3
PSY-448	Cross-Cultural Psychology	3		International Study Trip	3
SSC-312	World Affairs	3	COM-311	Intercultural Communication	3

FOREIGN LANGUAGE REQUIREMENT

CHOOSE ONE. SELECT THE OPTION THAT FITS YOUR ACADEMIC HISTORY.

OPTION 1	OPTION 2	OPTION 3	OPTION 4
<p>You completed at least three years of the same Foreign Language in High School</p> <p><i>*Foreign Language requirement is MET</i></p>	<p>You completed at least two years of the same Foreign Language in High School</p> <p><i>*Take LIN 100 OR a second semester course in a foreign language</i> <i>(IE: SPA 102)</i></p>	<p>You completed 1 or less years of Foreign Language in High School</p> <p><i>*Take a 1st and 2nd semester Foreign Language sequence</i> <i>(IE: SPA 101 & SPA 102)</i></p>	<p>You completed 1 or less years of Foreign Language in High School</p> <p><i>*Take LIN 100 + 1st semester Foreign Language</i> <i>(IE: LIN 100 + SPA 101)</i></p>

APPROVED MAJOR ELECTIVES (12 CREDITS REQUIRED):

CHOOSE TWO COURSES FROM OPTION A & TWO COURSES FROM OPTION B

OPTION A (CHOOSE TWO)		OPTION B (CHOOSE TWO)	
PSY 237- Child Psychology	3	PSY 343- Psychology of Learning	3
PSY 238- Adolescent Psychology	3	PSY 351- Social Psychology	3
PSY 239- Adult Psychology	3	PSY 443- Creative Therapies I (J-Term course only)	3
		PSY 444- Creative Therapies II (J-Term course only)	3
		PSY 448- Cross-Cultural Psychology *Meets Global Studies Requirement	3

REQUIRED COUNSELING COURSES:

	CREDIT HOURS
PSY-111 General Psychology	3
PSY-211 Introduction to Relationships	3
PSY-222 History & Systems of Psychology	3
PSY-322 Theories of Personality	3
PSY-353 Abnormal Psychology	3
PSY-355 Integrated Statistics & Research I	3
PSY-356 Integrated Statistics & Research II	3
PSY-380 Internship	4
PSY-400 Capstone Seminar: Psychology	3
PSY-421 Theories of Counseling	3
PSY-441 Physiological Psychology	3
PSY-456 Marriage & Family Counseling	3
Major Electives (See approved list above to choose courses)	12

CUMULATIVE TOTAL 49