M.A. IN CLINICAL MENTAL HEALTH COUNSELING PLANNING GUIDE

12 CREDIT HOURS PER TERM

This program is 60 credit hours. Concentration options could add additional credits. See concentrations page for details.

*Indicates summer courses that are taken sequentially.

Starting With the Fall Term

| FALL | | SPRING | | SUMMER | | |
|---------|--|---------|--|---------|--|--|
| YEAR 1 | | | | | | |
| COU-501 | Counseling Theories | COU-602 | Clinical Assessments | COU-525 | Social & Cultural Foundations in Counseling | |
| COU-502 | Counseling Ethics & Issues | COU-612 | Group Techniques | COU-610 | Counseling Techniques | |
| COU-503 | Introduction to Counseling & Professional Development | COU-661 | Psychopathology and Diagnosis | COU-643 | Trauma Informed Adovcacy & Crisis Intervention | |
| COU-521 | Foundations of Marriage & Family Counseling | COU-672 | Treatment of Mental & Emotional Disorders | COU-653 | Addictions Counseling: Treatment & Intervention | |

| YEAR 2 | 2 | | | | |
|---------|--|----------|---|---------|--|
| COU-611 | Career Development | ELECTIVE | | COU-675 | Technology- Assisted Counseling* |
| COU-662 | Human Growth & Development | | | COU-680 | Psychopharm. & Neuroscience in Counseling* |
| COU-700 | Research Methodology | | | | |
| COU-782 | Practicum: Counseling Field Experience | COU-784 | Internship I: Counseling Field Experience | COU-785 | Internship II: Counseling Field Experience |

Starting With the Spring Term

| SPRING | | SUMMER | | FALL | |
|---------|--|---------|--|---------|--|
| YEAR 1 | | | | | |
| COU-501 | Counseling Theories | COU-525 | Social & Cultural Foundations in Counseling | COU-602 | Clinical Assessemnts |
| COU-502 | Counseling Ethics & Issues | COU-610 | Counseling Techniques | COU-612 | Group Techniques |
| COU-503 | Introduction to Counseling & Professional Development | COU-643 | Trauma Informed Advocacy & Crisis Intervention | COU-661 | Psychopathology and Diagnosis |
| COU-521 | Foundations of Marriage & Family Counseling | COU-653 | Addictions Counseling: Treatment & Intervention | COU-672 | Treatment of Mental & Emotional Disorders |

| YEAR 2 | 2 | | | | |
|---------|--|----------|--|----------|--|
| COU-611 | Career Development | COU-675 | Technology- Assisted Counseling* | ELECTIVE | |
| COU-662 | Human Growth & Development | COU-680 | Psychopharm. & Neuroscience in Counseling* | | |
| COU-700 | Research Methodology | | | | |
| COU-782 | Practicum: Counseling Field Experience | COU-784: | Internship I: Counseling Field Experience | COU-785 | Internship II: Counseling Field Experience |



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CONCENTRATIONS

Students may select one of three optional concentrations in preparation for their career in clinical mental health counseling.

To declare a concentration as part of your Master of Arts in clinical mental health counseling program, contact your academic adviser by calling 616.949.5300.

Course Availability

| COURSE | CREDIT HOURS | FALL | SPRING |
|--|--------------|------|--------|
| MARRIAGE AND FAMILY THERAPY EMPHASIS | | | |
| COU-520 Child and Adolescent Counseling | 3 | х | х |
| COU-720 Advanced Marriage and Couples Therapy: Assessment, Skills and Practice | 3 | х | |
| COU-730 Advanced Family Therapy: Assessment, Skills and Practice | 3 | | х |
| COU-788 Internship 3: Counseling Field Experience | 3 | х | х |
| COU-789 Internship 4: Counseling Field Experience (if needed) | 3 | х | х |
| Total Concentration Credits | 9-15 | | |

| ADDICTIONS COUNSELING | | | | | |
|--|---|---|---|--|--|
| COU-651 Clinical Diagnostic Assessment of Addictions | 3 | х | | | |
| COU-652 Sociology of Addictions | 3 | | Х | | |
| Total Concentration Credits | 6 | | | | |

| TRAUMA COUNSELING | | | |
|--|---|---|---|
| COU-642 Sociology of Trauma | 3 | Х | |
| COU-644 Trauma Counseling and Recovery | 3 | | Х |
| Total Concentration Credits | 6 | | |