## M.A. IN CLINICAL MENTAL HEALTH COUNSELING PLANNING GUIDE



## 9 CREDIT HOURS PER TERM

This program is 60 credit hours. Concentration options could add additional credits. See concentrations page for details.

\*Indicates summer courses that are taken sequentially.

### Starting With the Fall Term

FALL		SPRING		SUMMER	
YEAR 1					
COU-501	Counseling Theories	COU-521	Foundations of Marriage & Family Counseling	COU-525	Social & Cultural Foundations in Counseling
COU-502	Counseling Ethics and Issues	COU-602	Clinical Assessments	COU-610	Counseling Techniques
COU-503	Intro. to Counseling & Professional Development	COU-611	Career Development	COU-643	Trauma Informed Advocacy & Crisis Intervention

### YEAR 2 COU-612 Group COU-662 Human Growth & COU-653 Addictions Techniques Development Counseling: Treatment & Intervention COU-661 Psychopathology COU-700 Resarch COU-675 Technology-& Diagnosis Methodology Assisted Counseling\* COU-680 Psychopharm. & Neuroscience in Counseling\* COU-672 Treatment COU-782 Practicum: COU-784 Internship I: Counseling Field Counseling Field of Mental & Emotional Experience Experience Disorders

YEAR 3	}
ELECTIVE	
COU-785	Internship II: Counseling Field Experience

## Starting With the Spring Term

SPRING		SUMMER		FALL	
YEAR 1					
COU-501	Counseling Theories	COU-525	Social & Cultural Foundations in Counseling	COU-521	Foundations of Marriage & Family Counseling
COU-502	Counseling Ethics & Issues	COU-610	Counseling Techniques	COU-602	Clinical Assessments
COU-503	Intro to Counseling & Professional Development	COU-643	Trauma Informed Advocacy & Crisis Intervention	COU-611	Career Development

YEAR 2	2				
COU-612	Group Techniques	COU-653	Addictions Counseling: Treatment & Intervention	COU-662	Human Growth & Development
COU-661	Psychopathology & Diagnosis	COU-675	Technology- Assisted Counseling*	COU-700	Resarch Methodology
		COU-680	Psychopharm. & Neuroscience in Counseling*		
COU-672	Treatment of Mental & Emotional Disorders	COU-782	Practicum: Counseling Field Experience	COU-784	Internship I: Counseling Field Experience

YEAR 3	
ELECTIVE	
	nternship II: Counseling Field Experience

## M.A. IN CLINICAL MENTAL HEALTH COUNSELING PLANNING GUIDE



## 6 CREDIT HOURS PER TERM

This program is 60 credit hours. Concentration options could add additional credits. See concentrations page for details.

\*Indicates summer courses that are taken sequentially.

## Starting With the Fall Term

FALL		SPRING		SUMMER	
YEAR 1					
COU-502	Counseling Ethics & Issues	COU-501	Counseling Theories	COU-525	Social & Cultural Foundations in Counseling
COU-503	Introduction to Counseling & Professional Development	COU-521	Foundations of Marriage & Family Counseling	COU-643	Trauma Informed Advocacy & Crisis Intervention

YEAR 2					
COU-602	Clinical Assessments	COU-612	Group Techniques	COU-610	Counseling Techniques
COU-611	Career Development	COU-661	Psychopathology & Diagnosis	COU-653	Addictions Counseling: Treatment & Intervention

YEAR 3	}				
COU-662	Human Growth & Development	COU-700	Research Methodology	COU-675	Technology- Assisted Counseling*
				COU-680	Psychopharm. & Neuroscience in Counseling*
COU-672	Treatment of Mental & Emotional Disorders	COU-782	Practicum: Counseling Field Experience	COU-784	Internship I: Counseling Field Experience

YEAR 4	1
ELECTIVE	
COU-785	Internship II: Counsleing Field Experience

## Starting With the Spring Term

SPRING	SUMMER	FALL
YEAR 1		
COU-502 Counseling Ethics & Issues	COU-525 Social & Cultural Foundations in Counseling	COU-501 Counseling Theories
COU-503 Introduction to Counseling & Professional Development	COU-643 Trauma Informed Advocacy & Crisis Intervention	COU-521 Foundations of Marriage & Family Counseling

YEAR 2					
COU-602	Clinical Assessments	COU-610	Counseling Techniques	COU-612	Group Techniques
COU-611	Career Development	COU-653	Addictions Counseling: Treatment & Intervention	COU-661	Psychopathology & Diagnosis

YEAR 3					
000 002	Human Growth & Development	COU-675	Technology- Assisted Counseling*	COU-700	Research Methodology
		COU-680	Psychopharm. & Neuroscience in Counseling*		
	Treatment of Mental & Emotional Disorders	COU-782	Practicum: Counseling Field Experience	COU-784	Internship I: Counseling Field Experience

YEAR 4	l .
ELECTIVE	
COU-785	Internship II: Counseling Field Experience

# M.A. IN CLINICAL MENTAL HEALTH COUNSELING PLANNING GUIDE



## CONCENTRATIONS

Students may select one of three optional concentrations in preparation for their career in clinical mental health counseling.

To declare a concentration as part of your Master of Arts in clinical mental health counseling program, contact your academic adviser by calling 616.949.5300.

### Course Availability

COURSE	CREDIT HOURS	FALL	SPRING	
MARRIAGE AND FAMILY THERAPY EMPHASIS				
COU-520 Child and Adolescent Counseling	3	X	х	
COU-720 Advanced Marriage and Couples Therapy: Assessment, Skills and Practice	3	Х		
COU-730 Advanced Family Therapy: Assessment, Skills and Practice	3		X	
COU-788 Internship 3: Counseling Field Experience	3	X	X	
COU-789 Internship 4: Counseling Field Experience (if needed)	3	Х	X	
Total Concentration Credits	9-15			
ADDICTIONS COUNSELING				
COU-651 Clinical Diagnostic Assessment of Addictions	3	Х		
COU-652 Sociology of Addictions	3		X	
Total Concentration Credits	6			
TRAUMA COUNSELING				
COU-642 Sociology of Trauma	3	Х		
COU-644 Trauma Counseling and Recovery	3		Х	
Total Concentration Credits	6			